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July/August 2023

Our Vision is for communities to have the tools to resolve conflict creatively and reach meaningful, equitable solutions.



HIGHLIGHT: CRCSTL UPDATES

Fall 2023 MAP Cohort starts July 20 -Real Life Mediation Experience & Learn from Professionals.

Fall applications are closed, but look for future updates about this program.



Learn More about CRCSTL's Mediation Apprenticeship Program

Stay up-to-date with CRCSTL with the website's new CALENDAR OF EVENTS!





New website section alert : <u>OUT & ABOUT</u> Stay up to date with all of our ventures out into the community.



CRCSTL Executive Director, Wolf Smith (far right), with other members of the CIC PRIDE Discussion Panel on June 21, 2023.

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A big thank you to <u>Members on the</u> <u>Air, a podcast by the Hispanic</u> <u>Chamber of Commerce of</u> <u>Metropolitan St. Louis</u> for hosting our Outreach Manager, Sheila Webster, to talk about CRCSTL's history and services.

Listen to the episode of the podcast from your browser.

We're looking for volunteers for CRCSTL Volunteer Committees.

There's still time to sign up for our expanded volunteer program.

These Committees will function as working groups that enhance CRCSTL's Mission of empowering people to resolve conflict through accessible mediation, coaching, and education. Many of our volunteers have expressed interest in assisting us with planning, networking, and advocating for use of our services to our community. These committees are the perfect opportunity to get involved, meet new people, and participate in affecting positive change on a meaningful and lasting level.

Available opportunities include:

Event Planning and Fundraising Committee

PURPOSE: Planning and hosting events, sending invitations, supporting event promotion

Examples:

- MAP Graduation
- Small gatherings (e.g., Coffee and Conversation)
- Networking meetings-Volunteer appreciation events
- CRCSTL Annual event (eg: CRC Soiree)

V.O.I.C.E. Committee (Volunteer Outreach Initiative for Conflict Education)

PURPOSE: Conducting community outreach with and on behalf of CRCSTL

Examples:

- Conducting community
 presentations
- Tabling community events
- Attending neighborhood meetings
- Developing promotional content-Social networking: including testimonials and blogs
- Envelope stuffing
- Material delivery to
 community partners (e.g.

Education Committee

PURPOSE: Maintaining and developing mediation and conflict resolution knowledge base through educational workshops, blogs, and presentations

Examples:

- Coordinating CRCSTL Lunch and Learns
- Supporting MAP and Rule
 17 through role play and presentation
- Blog posts about the field of conflict resolution to establish CRCSTL as a subject matter authority
- SLPM Support

HIGHLIGHT: MEDIATION IN THE MEDIA

Why fake peace is worse than good conflict with Priya Parker



A Word from Our Executive Director Wolf Smith

Every summer, CRCSTL sees a spike in calls. A lot of factors lead to increased tensions: children home from school, more outdoor activities and social events, and the heat. Believe it or not, but heat is one of the greatest predictors of conflict globally. Time and again, when humans are placed in higher temperature environments, conflicts escalate. This association is so strong that almost every metaphor about anger (or excitement) involves heat. If you want to stay out of hot water this summer, you've got to chill out.



So as we get into the hottest time of the year, it's important to try to keep it cool, both mentally and physically! Need to have a conversation with your landlord or tenant? Try to have it inside where it's cooler. Have an important meeting with your boss at work? Make sure you're not catching them as they come in so they have a chance to cool down. And if that's not enough, you can always call CRCSTL.



HIGHLIGHT: PARTNER ORGANIZATION

City of St. Louis -Affordable Housing Commission

A Word From: April Ford Griffin, Executive Director

In 2001 St. Louis City residents voted to create and fund an annually renewing Affordable Housing Trust Fund that is invested in housing solutions throughout the City. The Affordable Housing Commission, the body overseeing the Trust Fund, awards funding even year through a competitive process to pop-profit and faith-

based agencies and neighborhood organizations that provide affordable housing services and these same organizations working with developers that create, expand, and preserve affordable housing in the City of St. Louis.

The Commission funds programs ranging from education, counseling, workforce training, rent, mortgage and utility subsidies, to neighborhood stabilization, eviction prevention, home repair, homeless prevention, transitional housing, community driven food, and more. In recent years, the Commission has helped award and administer ARPA funds and Equitable Development Contribution dollars.

It is only by joining forces with the City's vast network of partner agencies that the Commission is able to improve the state of housing. The Commission would like to thank you for your dedication, organizational expertise, financial strength, and volunteer energy. Teamwork makes the dream work.



HIGHLIGHT: Student Led Peer Mediation (SLPM):

Big news: We are partnering with the STL Public Library this summer to offer our Student Led Peer Mediation Program!

Find out more information on our Peer Mediation blog.



HIGHLIGHT: WORKPLACE SOLUTIONS TESTIMONIAL

"Cat was a wonderful presenter for the Empathetic Workplace training. She was engaging and welcomed our staff's conversation and questions. One highlight was doing a breathing exercise during the training - though intended as a tool to have when emotions are running high, it was a great group activity for a Monday morning! The workshop offered a practical foundation, and we found the information informative while remaining both understandable and applicable. Many thanks to Conflict Resolution Center - St. Louis for offering these workshops and giving our staff a wonderful grounding experience to kick off the work week."



Find out more about our Workplace Solutions programming.

Upcoming Events & Dates of Interest

July 14th MAP Graduation

July 15th · *2 pm–6 pm* <u>The OVP Kickback - O'Fallon</u> O'Fallon Park Rec Center • 4343 W Florissant Ave, 63115

July 25th · *6 pm - 7:30 pm* <u>Renter's Townhall</u> Deaconess Center for Child Well-Being • 1000 North Vandeventer Ave, 63113

August 5th <u>Urban League Back to School Expo</u> America's Center • 701 Convention Plaza, 63101

August 12th · *10 am - 2 pm* Annie Malone Family Fest 5355 Page Blvd, 63112

August 19th · *2 pm–6 pm* The OVP Kickback - TBD

August 29th · *6 pm - 7:30 pm* <u>Renter's Townhall</u> Deaconess Center for Child Well-Being • 1000 North Vandeventer Ave, 63113



Follow CRCSTL on social media to stay up to date on community events in St. Louis featuring us and our partners!



How can we help you?

Neighbor disputes? Landlord or Tenant Issues? We can help!

Get help from CRCSTL



Conflict Resolution Center - St. Louis | 20 S. Sarah Street, St. Louis, MO 63108

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