

Our Vision is for communities to have the tools to resolve conflict creatively and reach meaningful, equitable solutions.



Get Help from CRCSTL!

Reach Out!

Upcoming Events

November 8th Election Day

November 11th Veterans Day CRCSTL offices closed

November 12th · 9am–12pm <u>North Newstead Crime Prevention Summit</u> 4343 West Florissant Ave.

November 15th · 12pm–1pm **"All Change Starts with Conflict" Lunch and Learn** CRCSTL Offices · CIC@CET · 20 S. Sarah St. · Email <u>wolf@crcstl.org</u> to RSVP

November 18th–19th <u>Principia High School Mediation Tournament</u> 13201 Clayton Rd.

November 19th <u>St. Louis Public Library Health & Resource Fair</u> Central Library · 1301 Olive St.

November 24th **Thanksgiving** CRCSTL offices closed 11/24 and 11/25

November 29th · 6pm–7:30pm **Renters' Town Hall** Deaconess Center · 1000 N. Vandeventer Ave.

November 29th <u>Giving Tuesday</u> Save the date or <u>donate now!</u>

December 8th · 10am-11am

Coffee & Conversation with Student Led Peer Mediation Volunteers CRCSTL Offices · CIC@CET · 20 S. Sarah St.

December 15th · 4pm <u>Mediator Apprenticeship Program Info Session</u> Via Zoom · <u>Register Here</u>

December 19th–26th **Hannukah**

December 25th Christmas CRCSTL offices closed 12/26

December 26th–January 1st **Kwanzaa**

December 31st–January 1st Happy New Year! CRCSTL offices closed 1/2/23

Follow CRCSTL on social media to stay up to date on community events in St. Louis featuring us and our partners!





Out and About with CRCSTL

Affordable Housing Panel

September 21st

Our very own Wolf Smith and other amazing panelists sparked important and necessary conversations about affordable housing at September's forum hosted by United Way of Greater St. Louis and FOCUS St. Louis at Sheldon Concert Hall and Art Galleries. Conversations like this spark hope and change, and we are honored to be a part of them.

Another thank you to these integral panelists: Nahuel Fefer of the City of St. Louis Government–Community Development Administration, Cristina Garmendia of URBNRX, and Will Jordan of Metropolitan St Louis Equal Housing and Opportunity Council.



ELEVATE Gun Violence Panel and Community Fair

October 14th–15th

Morgan Graves Consultants in association with Harris-Stowe State University presented the 4th Annual ELEVATE Conference: WAKE UP FOR CHANGE! END GUN VIOLENCE! The two-day event featured a panel discussion on Friday followed by a community fair on Saturday.



Hamilton Heights Sunday Funday September 25th CRCSTL was at Hamilton Heights Park with the City of St. Louis and the Bayer YMCA for a

community gathering and resource fair featuring free food, music, vendors, and other community organizations.



Diamond Divas Domestic Violence Walk

October 22nd **Diamond Divas Empowerment Foundation** hosted their second annual rally and walk for domestic violence awareness in the Grove. CRCSTL was honored to be a part of this fantastic event!



"All Change Starts with Conflict"

Lunch and Learn · November 15th

Every major innovation was borne out of conflict. Instead of demonizing conflict, we must learn to embrace conflict if we want to change and grow. In this session, we'll explore some of the main ways to conceptualize conflict, our own default response to conflict, and how we can embrace conflict to help unleash our changemaking potential.

This Lunch and Learn session will be led by CRCSTL Executive Director Wolf Smith. The session is at CIC-CET, 20 S. Sarah Street, from noon to 1pm in the Showroom directly across from the entry.

Email wolf@crcstl.org to RSVP.

A Word from Our Executive Director

Wolf Smith

By now, I am sure all of you are familiar with the tragic shooting at Central Visual and Performing Arts school on October 24, 2022. Like you, my heart hurts thinking about the death of a passionate teacher and a young woman with a whole life of potential, both taken too soon.

The shooter, a recent graduate of the school, left a note in his car saying, "I don't have any friends, I don't have any family, I've never had a girlfriend, I've never had a social life, I've been an isolated loner my entire life. This was the perfect storm for a mass shooting." While all of us have experienced loneliness, there is a profound heaviness from feeling completely disconnected from one's own community.

This shooting is another example of the importance of a strong, connected community, and our lingering struggle from the COVID-19 pandemic. It is also a good reminder to me why peer mediation, both in schools and the community, are so important. If we can bridge the divides between people through meaningful communication, we can build the types of

Hear from a Board Member

Mary Wheeler Jones

I was introduced to community mediation through Dr. John Doggette approximately eight years ago. His commitment to and passion for managing conflict and striving for peace in the community were in alignment with my desire for the same. As a result, we co-founded the Conflict Resolution Center along with two other former CRCSTL board members. I remain enthusiastically committed to the organization and its mission to help the St. Louis community resolve conflicts and disputes more effectively and peacefully.

Mary Wheeler Jones CRCSTL Board Interim Treasurer

I'm equally excited about the direction CRCSTL has gone in by expanding the mediation services offered. My main focus will continue to be on education and outreach to St. Louis residents about our community mediation services and the benefits it provides.

Where there is hope, there's still an opportunity for peaceful and manageable conflict resolution.



Interested in supporting our Student Led Peer Mediation Program as a community volunteer? Join us for coffee and conversation to learn more about the program launch and partner schools, and see how you can get involved and help out. We appreciate your support!

Thursday, December 8th · 10am–11am CIC@CET · 20 S. Sarah St. · St. Louis, MO 63108 Questions? Contact Kristin Watt at **kristin@crcstl.org**

For more info on the SLPM program, see below.



The Student Led Peer Mediation Program is a pilot and evaluation project supported by a grant from the St. Louis Mental Health Board. Student Led Peer Mediation is a process where trained students act as neutral mediators. Students in conflict work with a trained student mediator to uncover the root causes of their disputes and decide on fair ways of resolving their conflict together.

Student Led Peer Mediation can have vital longitudinal benefits for students, such as learning helpful communication skills and dispute resolution techniques that can be utilized in personal and professional engagements throughout their lives. Through learning mediation skills and techniques, youth learn about the importance of viewing conflict as normal and healthy if they are empowered with the skills and tools to navigate it.

<u>Check out our new video</u> that provides an overview of the Student Led Peer Mediation Program!



Partner Spotlight

City of St. Louis Neighborhood Stabilization Team

The Neighborhood Stabilization Team's mission is to empower constituents to sustain a quality environment within their neighborhood through assistance, education, intervention, and organization.

NST serves as a catalyst for bringing together the police, elected officials, governmental agencies, social service organizations, community groups, and individuals to identify permanent solutions to ongoing problems. The staff of 28 Neighborhood Improvement Specialists (also known as Neighborhood Stabilization Officers or NSOs) serves the entire city.

The Neighborhood Stabilization Team is a division of the city's Department of Public Safety and is made up of a Neighborhood Development Executive, a Customer Service Manager, the Neighborhood Improvement Specialists, support staff, and the Citizens' Service Bureau (CSB).

CRCSTL is proud to partner with the NST as we work side-by-side to provide solutions to St. Louis residents who are experiencing conflict in their neighborhoods.



Workplace Solutions

"Our team was moved and empowered by the Conflict Management and De-Escalation Training. Many of us reflected that the training provided an incredible perspective shift by framing conflict as a natural occurrence rather than something to avoid. This helped us not only appreciate causes and indicators of conflict, but also how to tap into available readily tools like body language, word choice, and environmental awareness in order to better navigate these situations with care."

-Contemporary Art Museum St. Louis

Learn more about Workplace Solutions

How can we help you?

Neighbor disputes? Landlord or Tenant Issues? We can help!

Get help from CRCSTL



Conflict Resolution Center - St. Louis | 20 S. Sarah Street, St. Louis, MO 63108

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