



# CRCSTL News & Updates

*Where conflict finds solutions.*

May/June 2024



*Less than a week away!*



**WAYS TO HELP CRCSTL ON GIVE STL DAY:  
SAVE THE DATE & MAKE A PLAN TO DONATE (SCAN ABOVE  
TO DONATE), PARTICIPATE IN POWER HOURS, SHARE OUR  
CAMPAIGN WITH YOUR NETWORK, MAKE AN EARLY GIFT**

**The portal is open now for early giving. Chose CRCSTL as your fave STL non-profit. Donate here!**

## Congrats to our recent MAP Graduates!



On March 14, 2024, CRCSTL staff and volunteers celebrated our most recent round of Mediation Apprenticeship Program (MAP) Graduates. We love seeing our community dedicate themselves to learning everything possible about mediation and how to become top notch mediators. Congratulations graduates!

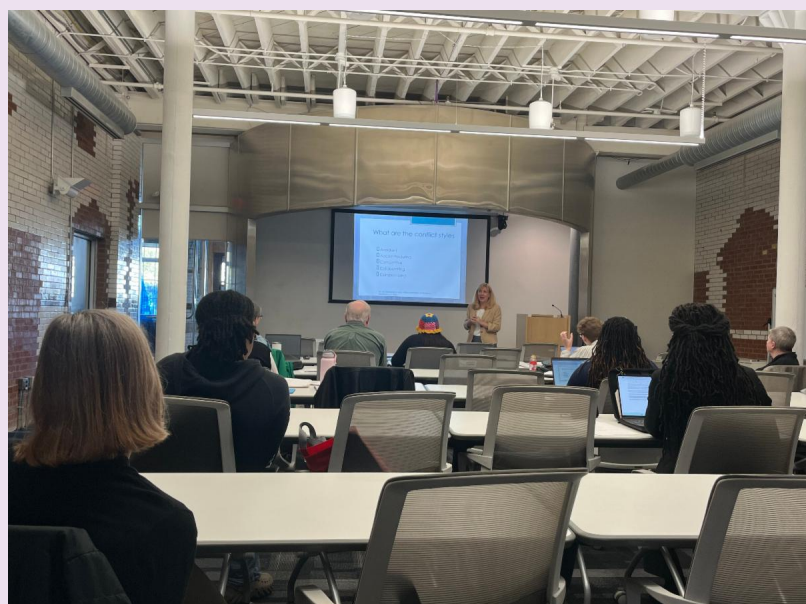


*Stay up-to-date with our Calendar of Events!*



*Sign up to be a volunteer and you'll receive a bi-weekly volunteer update via email!*

## OUT & ABOUT



March 29-30 - Basic Core (Rule 17) Training



April 17 - SLAA New Member Breakfast

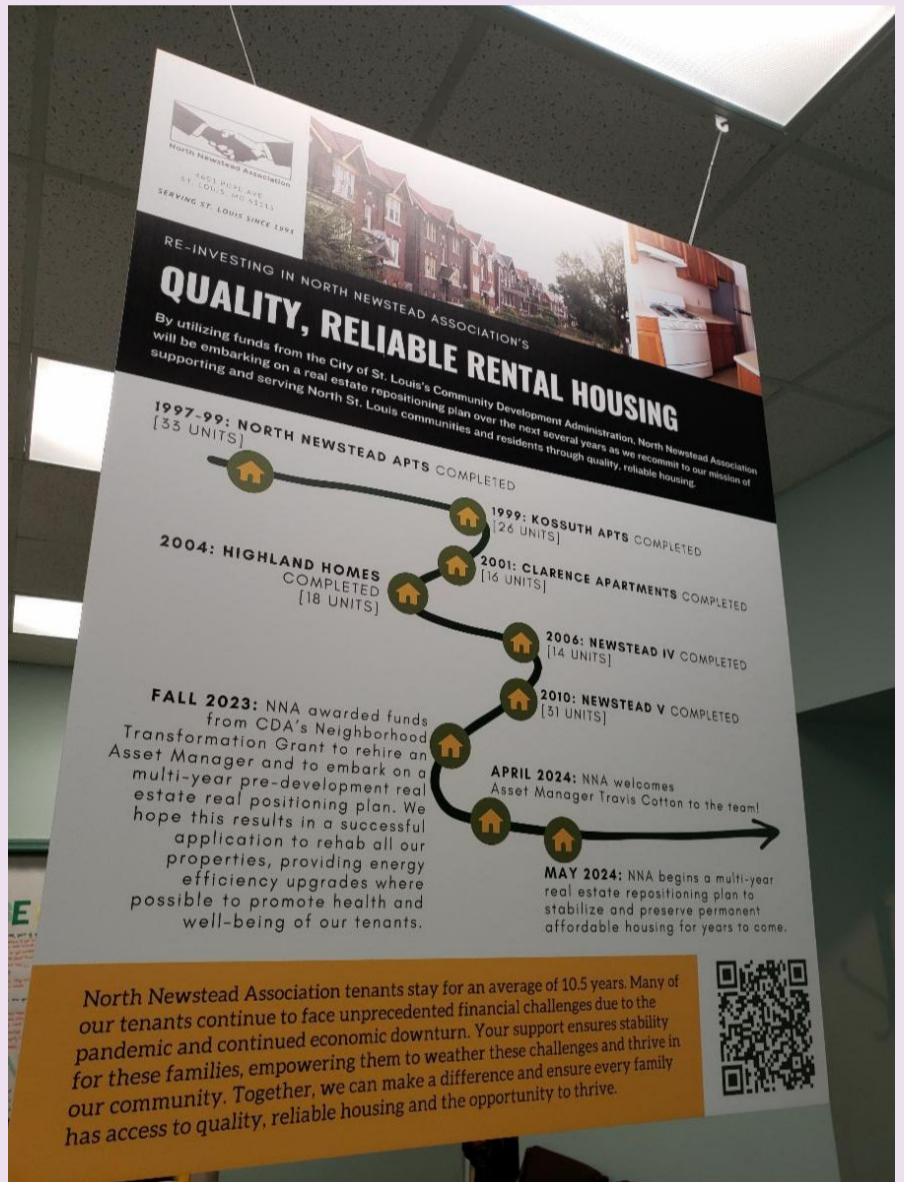




April 20 - Tabling at the OVP Kickback at Fairground Park



April 26 - North Newstead Association Open House



April 29 - Workers' Rights Town Hall with the Board of Alderman & BOA Pres. Megan E. Green

## A Word from Our Executive Director Wolf Smith

The month of May is mental health awareness month, and it is impossible to



talk about our work without describing the impact on mental well-being. For many of us, conflict is a source of stress, anxiety, frustration and fear. The truth is, our brains cannot differentiate between an emotional threat and a physical one. Biologically speaking, an upset friend or neighbor triggers the same part of the brain as being chased by a wild animal.

That is why we approach every conflict, even ones that may seem trivial to others, with respect and validation. Whether a client is facing the trauma of eviction or feeling unsafe in their own home due to a threatening neighbor, each of these impacts their mental well-being. So, we view each service as an opportunity to help our neighbors de-escalate, reprocess conflict, and decrease stress.



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## PARTNER ASSOCIATION SPOTLIGHT

### *St. Louis Mental Health Board*



In the weeks leading up to and during Mental Health Awareness Month, Saint Louis MHB launched a campaign called **Wellness in Neighborhoods (WIN)**. The campaign has three goals: (1) Normalize conversations about mental health and wellbeing by discussing the basics of mental health and self-care; (2) Normalize help seeking behaviors by raising the visibility of our funded partners and discussing the basics of navigating and accessing mental health care; and (3) Identifying community champions interested in building their understanding of what it means to create wellness for individuals, families, and neighborhoods. We are beginning our campaign in the seven Wards listed below this year with a plan to reach the remaining seven in 2025.

#### **2024 WIN Wards:**

**Ward 1 - Alderperson Anne Schweitzer**

**Ward 3 - Alderperson Shane Cohn**

**Ward 6 - Alderperson Daniela Velazquez**

**Ward 8 - Alderperson Cara Spencer**

**Ward 9 - Alderperson Michael Browning**

**Ward 10 - Alderperson Shameem Clark Hubbard**

**Ward 13 - Alderperson Pamela Boyd**

#### **Key Features:**

- Opportunities for residents and community partners to attend Mental Health First Aid training at no cost and participate in other educational activities centered on understanding mental illness and learning skills that support mental wellness.
- Planning a social or recreational neighborhood event centered on mental wellness.
- Sharing information at the neighborhood level about wellness events and raising public awareness about mental health and how to access mental health services. We hope that together, communities can learn to have constructive, informed, and supportive conversations about what mental health is and isn't and what we can all do to strengthen our mental wellbeing.

*St. Louis Mental Health board provides funding for CRCSTL's Student-Led Peer Mediation program.*

# SLPM NEWS



## Student Led Peer Mediation

Thank you to the St. Louis Philanthropic Organization for their donation to SLPM. We are grateful for your investment in St. Louis and building the skills of young people around conflict.

### SLPM in the SLPL has been huge success!

The program is on-going every Thursday through May 9 at Central Library.



More info on SLPL Peer Mediation Training

Keep up to date with SLPM news at [peermediation.net](http://peermediation.net)

- Our SLPM partner school, KIPP, is participating in an online Peer Mediation Tournament and has advanced to the next round! The tournament goes through the end of this month.

## Upcoming Events & Dates of Interest

May 1st  
First Day of Asian American & Pacific Islander Heritage Month

May 5th  
Cinco de Mayo

May 8th  
Non-Profit Night at the Armory  
(ahead of Give STL Day)

May 9th



**Give STL Day!**

May 9th  
**FOCUS STL's What's Right with the Region Awards**

*CRCSTL is an honoree!*

May 9th  
**CRCSTL's Student-Led Peer Mediation Training (6 of 6) at St. Louis Public Library**

May 12th  
**Mother's Day**

May 15th  
**Office Hours - "Creating Healthy Boundaries" - SafeConnections presenting**

May 17th  
**SLAA Rising Star Awards**

Wish us luck! We are a finalist for the St. Louis Apartment Association @SLAA "Outstanding Community Involvement Award" tomorrow night! Wishing CRCSTL and all other nominees the best of luck.

May 18th · 2 pm–6 pm  
**OVP Kickback - Laclede Park (see flyer above to the right)**

May 22nd · 2 pm–6 pm  
**STLMHC Landlord Engagement Event (see flyer below)**

May 27th · *CRCSTL offices are closed*  
**Memorial Day**

May 28th  
**Renter's Townhall**  
Deaconess Center for Child Well-Being • 1000 North Vandeventer Ave, 63113

June 1st  
**First day of LGBTQ+ Pride Month**

June 1st · 9 am–12 pm  
**SLACO 3rd Annual STL Home Improvement Summit (see flyer below)**

June 1st · 2 pm–4 pm  
**Gravois Park Public Safety Meeting**  
ENCORESTL, 2607 Potomac, StL 63118

June 7th  
**Guardian Angels "Parking Lot Fridays" (see flyer below)**

June 15th · 2 pm–6 pm  
**OVP Kickback - Barrett Brothers Park (see flyer below)**

June 16th  
**Father's Day**

June 19th  
**Juneteenth**

June 25th  
**Renter's Townhall**  
Deaconess Center for Child Well-Being • 1000 North Vandeventer Ave, 63113

June 29th  
**BlackWallStreet314 Festival (see flyer below)**





(click any flyers below to enlarge)

**“BEE”  
IN THE KNOW**

YOU ARE INVITED TO OUR SEMI-ANNUAL  
**ROUNDTABLE FOR LANDLORDS**

**DISCUSSIONS ON:**  
FUNDING OPPORTUNITIES  
HOUSING ASSISTANCE PROGRAMS  
LEGAL RESOURCES  
PROPERTY MANAGEMENT  
AND MORE!

**MAY 22, 2024**  
9:00 A.M. - 1:00 P.M.  
ST. PATRICK CENTER  
800 N. TUCKER BLVD.

LIGHT BREAKFAST AND LUNCH  
WILL BE PROVIDED

PRESENTED BY THE  
STL METRO HOUSING  
COLLECTIVE

**RESERVE  
YOUR  
SPOT**

**3rd Annual St. Louis Home Improvement Summit**

Powered by SLACC

PRESENTED BY

**Tammie Holland**  
LIVE BROADCAST  
June 1, 2024  
9-11 a.m.

June 1, 2024, 9 am - 12 Noon  
O'Fallon Park YMCA  
4343 W. Florissant Ave

Sat. June 15, 2024  
2pm - 6pm  
Barrett Brothers Park

JOIN US AT THE  
**OVP  
KICKBACK**

PRESENTED BY...  
THE ST. LOUIS DEPARTMENT OF PUBLIC SAFETY'S  
OFFICE OF VIOLENCE PREVENTION

Barrett Brothers Park  
near 5880 St. Louis Avenue  
St. Louis, MO 63120

FUN FOR THE WHOLE FAMILY  
#STL • #DPS • #OVPKICKBACK

Proud Partner of

Family Fun  
Shopping  
Free Food  
Music  
Local Vendors  
Community Resources

**PARKING  
LOT  
FRIDAY**

1PM TO 4PM

3300 S. JEFFERSON AVENUE, ST. LOUIS, MO 63118  
FIRST FRIDAY OF THE MONTH!

This Event is free to the public and is held on the NORTH side of our Social Stability campus. For more information, please contact Prospect at [WhiteE@gasastl.org](mailto:WhiteE@gasastl.org) / 314-773-9027.

**ANNUAL  
#BLACKWALLSTREET314  
FESTIVAL**

STARTS AT 1PM

**SATURDAY JUNE 29, 2024**  
@ HISTORIC WELLSTON LOOP

LIVE PERFORMANCES • CAR SHOW  
BUSINESS EXPO • RESOURCE FAIR  
PARADE • KIDZ KORNER & MORE

SPONSORSHIPS • VENDING • VOLUNTEER NOW AVAILABLE

LEARN MORE AT [WWW.BLACKWALLSTREET314.COM](http://WWW.BLACKWALLSTREET314.COM)

Follow CRCSTL on social media to stay up to date on community events in St. Louis featuring us and our partners!



## How can we help you?

Neighbor disputes? Landlord or Tenant Issues? We can help!

Get help from  
CRCSTL

## Get in touch

20 S. Sarah Street  
St. Louis, MO 63108

314.255.7449

[info@crcstl.org](mailto:info@crcstl.org)

We now have a Linktree for all things CRCSTL!



Conflict Resolution Center - St. Louis | 20 S. Sarah Street, St. Louis, MO 63108

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